## BlueCross BlueShield NPP93336 BluePrint PPO

#### Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage for: Individual/Family | Plan Type: PPO



**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at <u>www.bcbsil.com/member/policy-forms/</u> or by calling 1-800-541-2768.

Important Questions	Answers	Why this Matters:
What is the overall <u>deductible</u> ?	Individual: Participating <b>\$1,500</b> Non-Participating <b>\$3,000</b> Family: Participating <b>\$4,500</b> Non-Participating <b>\$9,000</b> Doesn't apply to certain preventive care. Copays don't count toward the deductible.	You must pay all the costs up to the <b><u>deductible</u></b> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u><b>deductible</b></u> starts over (usually, but not always, January 1st). See the chart starting on page 3 for how much you pay for covered services after you meet the <u><b>deductible</b></u> .
Are there other deductibles for specific services?	No.	You don't have to meet <b><u>deductibles</u></b> for specific services, but see the chart starting on page 3 for other costs for services this plan covers.
Is there an <u>out-of-pocket</u> <u>limit</u> on my expenses?	Yes. Yes. Individual: Participating <b>\$2,500</b> Non-Participating <b>\$5,000</b> Family: Participating <b>\$7,500</b> Non-Participating <b>\$15,000</b> Prescription Drug expense limit: <b>\$1,000</b> Individual <b>\$3,000</b> Family	The <b><u>out-of-pocket</u></b> limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billed charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <b><u>out-of-pocket limit</u></b> .
Does this plan use a <u>network</u> of <u>providers</u> ?	Yes. Yes. See <b>www.bcbsil.com</b> or call <b>1-800-541-2768</b> for a list of Participating providers.	If you use an in-network doctor or other health care <b>provider</b> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <b>provider</b> for some services. Plans use the term in-network, <b>preferred</b> , or participating for <b>providers</b> in their <b>network</b> . See the chart starting on page 3 for how this plan pays different kinds of <b>providers</b> .
Do I need a referral to see a <u>specialist</u> ?	No. You don't need a referral to see a specialist.	You can see the <b>specialist</b> you choose without permission from this plan.

Questions: Call 1-800-541-2768 or visit us at www.bcbsil.com/coverage.

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at www.dol.gov/ebsa/pdf/SBCUniformGlossary.pdf or call 1-855-756-4448 to request a copy.

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Important Questions	Answers	Why this Matters:
Are there services this plan	Yes.	Some of the services this plan doesn't cover are listed on page 6. See your policy or plan
doesn't cover?		document for additional information about excluded services.

- **<u>Copayments</u>** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
  - <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the health plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
    - The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed</u> <u>amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed</u> <u>amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing.</u>)
    - The plan may encourage you to use Participating **providers** by charging you lower **<u>deductibles</u>**, **<u>copayments</u>**, and <u>coinsurance</u> amounts.

Common Medical Event	Services You May Need	Your cost if you use a Participating Provider	Your cost if you use a Non-Participating Provider	Limitations & Exceptions
	Primary care visit to treat an injury or illness	\$30 copayment/visit	40% coinsurance	No benefits will be provided for services which are not, in the reasonable judgment of Blue Cross and Blue Shield, medically necessary.
	Specialist visit	\$50 copayment/visit	40% coinsurance	none
If you visit a health care provider's office or clinic	Other practitioner office visit	\$50 copayment/visit	40% coinsurance	Acupuncture not covered. Chiropractic services are limited to 30 visits per calendar year. Muscle manipulations are subject to the general payment level.
	Preventive care/screening/immunization	No Charge	40% coinsurance	none
If you have a test	Diagnostic test (x-ray, blood work)	20% coinsurance	40% coinsurance	none
	Imaging (CT / PET scans, MRIs)	20% coinsurance	40% coinsurance	

Common Medical Event	Services You May Need	Your cost if you use a Participating Provider	Your cost if you use a Non-Participating Provider	Limitations & Exceptions
If you need drugs to treat		\$10/\$20 copayment/ prescription	\$10 copayment/ prescription	delivery. Certain women's preventative
<b>your illness or condition</b> More information about	Formulary brand drugs	\$40/\$80 copayment/ prescription	\$40 copayment/ prescription	the member. For a full list of these
<b>prescription drug</b> <b>coverage</b> is available at	Non-formulary brand drugs	\$60/\$120 copayment/ prescription	\$60 copayment/ prescription	contact customer service. For
https://www.bcbsil.com/ member/prescription- drug-plan-information/ drug-lists	Specialty drugs	Covered	Covered	Non-Participating drug provider you are responsible for 25% of the eligible amount after the copayment. RX Out-of-Pocket Expense Limit: \$1,000 Individual/\$3,000 Family.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	40% coinsurance	none
	Physician/surgeon fees	20% coinsurance	40% coinsurance	
	Emergency room services	\$150 copayment/visit	\$150 copayment/visit	Copayment waived if admitted.
If you need immediate medical attention	Emergency medical transportation	20% coinsurance	20% coinsurance	none
	Urgent care	20% coinsurance	40% coinsurance	
If you have a hospital	Facility fee (e.g., hospital room)	20% coinsurance	\$300 copayment/visit plus 40% coinsurance	none
stay	Physician/surgeon fee	20% coinsurance	40% coinsurance	

Common Medical Event	Services You May Need	Your cost if you use a Participating Provider	Your cost if you use a Non-Participating Provider	Limitations & Exceptions
	Mental/Behavioral health outpatient services	\$30 copayment/visit or 20% coinsurance	40% coinsurance	Preauthorization is required for Psychological testing; Neuropsychological testing; Electroconvulsive therapy; Repetitive Transcranial magnetic Stimulation; and Intensive Outpatient Treatment.
If you have mental health, behavioral health,	Mental/Behavioral health inpatient services	20% coinsurance	\$300 copayment/visit plus 40% coinsurance	none
or substance abuse needs	Substance use disorder outpatient services	\$30 copayment/visit or 20% coinsurance	40% coinsurance	Preauthorization is required for Psychological testing; Neuropsychological testing; Electroconvulsive therapy; Repetitive Transcranial magnetic Stimulation; and Intensive Outpatient Treatment.
	Substance use disorder inpatient services	20% coinsurance	\$300 copayment/visit plus 40% coinsurance	none
If you are pregnant	Prenatal and postnatal care	\$30 copayment	40% coinsurance	Copayment applies to first prenatal visit per pregnancy.
n you are pregnant	Delivery and all inpatient services	20% coinsurance	\$300 copayment/visit plus 40% coinsurance	none
	Home health care	20% coinsurance	40% coinsurance	
	Rehabilitation services	20% coinsurance	40% coinsurance	none
	Habilitation services	20% coinsurance	40% coinsurance	
If you need help	Skilled nursing care	20% coinsurance	40% coinsurance	
recovering or have other special health needs	Durable medical equipment	20% coinsurance	40% coinsurance	Benefits are limited to items used to serve a medical purpose. DME benefits are provided for both purchase and rental equipment (up to the purchase price).
	Hospice service	20% coinsurance	40% coinsurance	none
If your child needs	Eye exam	Not Covered	Not Covered	
If your child needs dental or eye care	Glasses	Not Covered	Not Covered	none
actitut of eye care	Dental check-up	Not Covered	Not Covered	

### **Excluded Services & Other Covered Services:**

Services Your Plan Does NOT Cove	r (This isn't a complete list. Check your policy	or plan document for other <u>excluded services</u> .)
Acupuncture	Hearing aids	Routine eye care (Adult)
<ul><li>Cosmetic surgery</li><li>Dental Care (Adult)</li></ul>	<ul><li> Long-term care</li><li> Most coverage provided outside</li></ul>	• Weight loss programs the United States.
	See www.bcbsil.com	
Other Covered Services (This isn't a	a complete list. Check your policy or plan docu	ment for other covered services and your costs for these services.)
Bariatric surgery	<ul> <li>Infertility treatment (4 invitro at</li> </ul>	tempt maximum • Private-duty nursing
Chiropractic care	with special approval up to 6 per	• Routine foot care (Only in connection with
	<ul> <li>Non-emergency care when trave</li> </ul>	ling outside the diabetes)
	U.S.	

### Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-800-541-2768. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

### Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to appeal or file a grievance. For questions about your rights, this notice, or assistance, you can contact Blue Cross and Blue Shield of Illinois at 1-800-541-2768 or visit <u>www.bcbsil.com</u>, or contact the U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or visit www.dol.gov/ebsa/healthreform. Additionally, a consumer assistance program can help you file your appeal. Contact the Illinois Department of Insurance at (877) 527-9431 or visit http://insurance.illinois.gov.

### Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." This plan or policy <u>does provide</u> minimum essential coverage.

#### Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage does meet the minimum value standard for the benefits it provides.

### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-541-2768. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-541-2768. Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-800-541-2768. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-541-2768.

## About These Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under the plan. The actual care you receive will be different from these examples, and the cost of that care also will be different.

See the next page for important information about these examples.

Having	g a baby
(normal	delivery)

- Amount owed to providers: \$7,540
- **Plan pays** \$4,890
- Patient pays \$2,650

#### Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540

#### Patient pays:

Deductibles	\$1,500
Copays	\$30
Coinsurance	\$970
Limits or exclusions	\$150
Total	\$2,650

#### Managing type 2 diabetes (routine maintenance of

a well-controlled condition)

- Amount owed to providers: \$5,400
- **Plan pays** \$3,130

**Patient pays** \$2,270

#### Sample care costs:

Total	\$5,400
Vaccines, other preventive	\$100
Laboratory tests	\$100
Education	\$300
Office Visits and Procedures	\$700
Medical Equipment and Supplies	\$1,300
Prescriptions	\$2,900

### 0 Patient pays:

Deductibles	\$1,500
Copays	\$480
Coinsurance	\$210
Limits or exclusions	\$80
Total	\$2,270

## **Questions and answers about Coverage Examples:**

# What are some of the assumptions behind the Coverage Examples?

- Costs don't include **<u>premiums</u>**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

# What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

# Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

# Does the Coverage Example predict my future expenses?

✗ No. Coverage Examples are not cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

# Can I use Coverage Examples to compare plans?

✓ Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

# Are there other costs I should consider when comparing plans?

✓ Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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